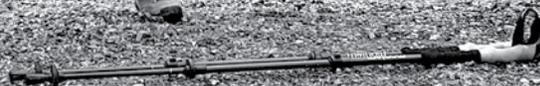


PIPELINE

www.bc-girlguides.org



BC Girl Guides





Editorial

Editor's Note

Pipeline is a resource for the exchange of ideas. It also aims to empower Guiders and youth members. Here's a big shout out to the Guiders who have submitted articles and photographs. Thank you for making the time. Your stories inform and inspire us!

We also love to hear from youth members. Please encourage Pathfinders and Rangers to submit more stories about what matters to them. Tell us how Guiding is responding to and being shaped by its youth members' interests, needs and experiences.

Inside this issue, you'll find more exciting news about the new home for our provincial office. Read on and enjoy.

Corrections:

Audrey Wang, recipient of the Aliza, Chaim and Tova Kornfeld Scholarship and Pat Drugge Adult Bursary, was incorrectly identified in the Summer/Fall issue as a member of West Coast Area. She is a Guider in Lougheed Area.

Pipeline has also learned that Kootenay Area has an area challenge—Our Kootenay Area challenges members to become actively engaged in their communities. Please visit the Kootenay Area Girl Guide website or contact the Kootenay Area program adviser for details.

Cover photo credits:

Hilary Feldman (top left and right);
Jenny Hall (bottom)

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Table of Contents

- PC's Page 3–4
- Gone Home 3
- Awards 4
- Save the Dates: Thinking Day and AGM 4
- Upcoming Events 5
- Safe Guide Q & A 6–7
- Girl Guides at the Canucks 7
- BC Girl Guides Are Moving Along 8
- Honourable Changes: Book of Honour's New Place of Honour 9
- BC Awards Committee Members Wanted 9
- Extra Ops Backcountry Experience: Berg Lake Trail 10–11
- Extraordinary Options: All About Trex 12–13
- Specialized Outdoor Training Subsidy 13
- Upcoming OAL Adventure Expeditions 14–15
- Provincial PR Workshop Opportunity 15
- OAL Camping Modules: Are They for You? 16
- Keeping Our History Alive 17
- The Parking Lot 18
- CWFF Pizza Challenge 2018 18
- GUEST 2018: Upcoming Events 19
- Mighty Minds National Challenge... 20–21
- BC Youth Forum 21
- Another Successful SOAR 22–24
- Trefoil International Challenge 25
- Around BC 26–27



PC'S PAGE

by Leslie Bush, *Provincial Commissioner*

As I write this, the leaves are turning brilliant colours and the weather is certainly getting cooler. I drove from my home in Prince George to Vancouver via Hwy 97 for the recent BC Council meeting and saw how close the summer fires came to the communities of Williams Lake, 100 Mile, 108 Mile and Cache Creek and saw the beauty of the season, brilliant yellows, golds and blaze orange against blue skies. I hope that you are taking advantage of the season.

As we settle into the rhythm of this Guiding year, BC Council is already looking ahead to 2018 and 2019!

I am very pleased to announce that we have sold our current Guide House building. The closing date is November 9, 2017. We will be leasing back Guide House until the end of June 2018, which gives us lots of time to make sure everything is ready at the new building before we move. We took possession of the new building in North Vancouver on October 6, and the interior work has started. We are extremely satisfied with the outcome of the sale and are very excited to proceed with developing our new space. I do hope that you are as excited about this as we are, and we all look forward to seeing you in our new home. I especially want to thank our senior management team for their work during this time. Joan Coert, operations manager, and Karen Sharma, executive assistant, were amazing, doing a myriad of big and small tasks that had to be completed. They liaised with the realtors, prepared and reviewed many versions of documents, and were always there for the PC team. Patty Lowe, our finance manager took

care of all things financial, working with our financial institution to make sure the funds were accessible when we needed them. We definitely could not have done it without all their hard work.

In November, BC Council will begin to plan for the 2019 Guiding year, determining our strategic priorities and direction and matching our priorities with the new National Strategic Plan, which will launch this December.

I do not want to steal any of the excitement of the national launch of the new strategic plan, but I do want to update you on what is coming!

Over the past 18 months, as you know, GGC has reflected on where we have been as an organization and what we need to do to be relevant in the future, through Design 2025 and the value proposition work. A number of key opportunities have been identified, including:

- **Girl membership growth:** Currently we only attract 3.1% of the girls in Canada; this indicates significant opportunity for growth.
- **Adult member support:** Currently only 48% of adult members are satisfied with GGC organizational processes; this is an opportunity to provide adult members with the tools and resources that will enable them to be successful.
- **Alignment with the Canadian mosaic:** The majority of GGC girl members are Caucasian, Christian and from a middle or upper income family; this is not a reflection of the Canadian mosaic and presents an opportunity for a more diverse and inclusive organization.

We know that continuing to do what we do now will not be enough to remain relevant as an organization. We know there is a gap between what we deliver and what girls are looking for now. Change is imperative in order to keep us relevant into the future. The three-year strategic plan and priorities will ensure we keep pace and realize these opportunities. The strategic priorities provide the framework to ensure that what we do benefits the girls and the development of new innovative programming, and the framework is a platform for girl engagement and empowerment through a voice that is heard and acted on. The priorities will also enable us—members, volunteers and staff—to facilitate a meaningful Guiding experience for girls. This will be realized by building enhanced support for Guiders delivering the program, reducing the administrative burden of delivering

GONE HOME



Barbara Farrier	<i>Kimberley</i>
Eelin Jean Fulton	<i>Kimberley</i>
Barbara Janes-Yeo	<i>Peachland</i>
Joan Pardely	<i>Trail</i>



continued from page 3 ➡

Guiding and increasing countrywide collaboration, communication and operational efficiency. Every step of the strategic planning process was ALL ABOUT THE GIRL, focused on how her experience, which is largely shaped by her unit Guider, will be girl-driven, empowering her to be “everything she wants to be.” This strategic plan will be actioned by all of us, so be prepared to be asked to provide your input, your ideas and even your time to make it successful!

I want to again extend my thanks to everyone involved with SOAR. I can't tell you how awesome it was to watch the incoming planes flying over camp on the first day, and to watch the field of grass

mushroom into a bustling camp almost immediately! From my vantage point with site services, I saw lots and lots of smiles and excitement, from those in the incredible lineups for Zone West and the store to those waiting for the porta potties to be cleaned and disinfected and those at the entertainment each night. I can personally tell you we must have had the best fed pigs in the Bulkley Valley, as our team delivered food waste to them three (or more) times each day. Do you know that we were so good at recycling for most of the camp that we did not fill our first bin of garbage (nonrecyclable, nonreturnable) until Thursday of camp? Well done, everyone!

As provincial commissioner, I had a special SOAR crest. Darlene Kent, deputy provincial commissioner, who represented the PC team at SOAR, was giving them out. As we have lots of leftover crests, we know many patrols were missed! If your patrol did not get my SOAR crest, please email crests@bc-girlguides.org and ask for some to be sent to you.

As you look forward to the end of this year and the beginning of 2018, I wish you all the very best over the festive season and hope you are looking forward to the next year as much as I am.

Thank you for all you do!

AWARDS

Fortitude

Jennifer Bartels *Vernon*
Debra Manulak *Sechelt*

Silver Merit

Heather Adamson *Clearwater*
Patricia Handy *Sooke*
Debora Jackson *Surrey*
Tricia Lang *West Vancouver*
Lyn Mainwaring *Kelowna*
Merlane Quon *Sidney*

Bronze Merit

Cheryl Hancock *Kelowna*
Kelsy Woods *Kelowna*

Book of Honour

PJ Borghardt *Lougheed Area*
MaryAnn Brock *Monashee Area*
Jeannie Cosgrove *Southern Vancouver Island Area*
Joan Crouch *Lougheed Area*
Leslie Godfrey *Rivers North Area*
Barbara Harris *Rivers North Area*
Bernice Hogendoorn *Lions Area*
Myla McInnis *Fraser Skies Area*
Tamara McLean *Kootenay Area*
Joyce Muffly *Kootenay Area*
Marjorie Phelps *Rivers North Area*

Note: The awards list is created from the iMIS database. If an award was presented but not entered in iMIS before the Pipeline submission date, it will not be included here.



Save the Date!

The 2018 provincial **World Thinking Day event** will be held on Saturday, February 24, 2018, at Guide House. Two sessions will be held, similar to past events. Guiders, units, girls and families are invited to attend in the morning to participate in a variety of sessions. Guiders, Trefoil Guild members, Link, Rangers and Pathfinders are welcome to attend in the afternoon for a sit-down tea. RSVP will be required; more information to come.

The **BC Council Annual General Meeting** will be held on Saturday, May 12, 2018, at the Holiday Inn – Vancouver Centre. RSVP will be required; more information to come.



Upcoming Events

DATE	WHAT	WHO	WHERE	NOTES
2018				
February 2–4	PR Workshop	District and area PR Guiders	<i>Camp Olave, Sunshine Coast</i>	See p. 15
February 16–18	District Commissioner training	District commissioners, deputy commissioners	<i>Vancouver</i>	Contact training@bc-girlguides.org
March 31	Girl Guides at the Canucks Day	All Guiding members and their families and friends	<i>Rogers Arena, Vancouver, at 1 p.m.</i>	See p. 7; more information to come
May 18–21	Guide Jubilee	Guides	<i>Camp McLean, Langley</i>	Application deadline: January 10
June 2–3	GUEST 2018 in Prince George	Guides in Rivers North Area	<i>University of Northern British Columbia, Prince George</i>	More information to come
June 2–3	GUEST 2018 in the Lower Mainland	Guides in Fraser Skies, Lougheed, Lions and West Coast Areas	<i>University of the Fraser Valley, Abbotsford</i>	More information to come
July 5–15	Roam: Follow the Gold Rush	Selected Pathfinders and Guiders	<i>Lower Mainland to the Cariboo</i>	Application deadline: January 10
July 14–21	Pathfinder Paddles	Selected Pathfinders	<i>Murtle Lake, Wells Grey Provincial Park</i>	Application deadline: January 10
July 19–26	Mount Assiniboine Backpacking	Selected Rangers	<i>Mount Assiniboine World Heritage Site Park, Alberta</i>	Application deadline: January 10
August	Land and Sea Module Expeditions	Guiders who have started their OAL Adventure Camping training	Land: <i>Cathedral Lake Provincial Park</i> Sea: <i>Prevost Island and waters of southern Gulf Islands National Park Reserve</i>	Prerequisite: completion of Kayak Level 1 training or Paddle Canada Basic Skills Kayak course Deadline to come
October 5–8	Trex Rendezvous	Trex girl members and Guiders	<i>Camp Jubilee, Indian Arm, near North Vancouver</i>	More information to come
October 12–14	Guider Conference	Guide, Pathfinder, Ranger Guiders	<i>Richmond</i>	Application packages will be sent to areas in January; selected participant lists will be sent from areas to province in March.



Safe Guide Q & A

Maryann Brock, BC Safe Guide Committee

In case you missed it, BC has a new process for Safe Guide (SG) assessments and forms retention. The full process is available on the BC website, at www.bc-girlguides.org (select *Volunteers > BC Safe Guide Assessment Procedure September 2017*).

Q: Why can't I use my old assessor, who knew me and my campsites?

A: The quality of the Emergency Response Plan (SG.4) is not dependent on an assessor being familiar with the campsite or knowing the Guider. It is the thought process of the person completing the SG.4, hopefully the responsible Guider, showing that she is aware of potential problems and has made an effort to think through where to go for evacuation or a lock-down and what kinds of activity-specific problems could be encountered and how to avoid them. Sometimes having an "outside person" looking at the forms makes us think a little more deeply!

Q: Why do I have to provide so much detail about events not likely to happen?

A: The role of the SG assessor is to help you ensure you have prepared as best you can for your event/camp. This includes thinking through what types of emergencies might occur in a specific instance. Assessors are not trying to trip you up; in fact, it is the opposite. They will usually ask things like "What about ...", "Have you considered ...", or "What would you do in this situation ...". They are there to assist you in making your emergency plan as complete as possible, knowing that we cannot reasonably predict and prepare for EVERY possible scenario.

Q: Do I really have to "name names"?

A: When completing your forms you do not have to name exact names of **who** will do what—it's more that you need to identify that somebody will carry out the

steps needed in certain circumstances. You are all reasonable, thinking people who want to do the right thing and the safe thing. Your assessor is there to help you put that on paper so that, if there were an incident, you have a process to follow, and if you are questioned about it you can say, "We had this plan, and that's what we followed."

Q: Why do I have to complete these forms when I know the girls and the campsite well?

A: When completing your forms, keep in mind that they should be written in a way that **anybody** picking up the forms can run with your emergency response plan—that a parent helper or an older girl will be able to know **what** she should do, **when** and **how**, and also **who** to call for help. Many people are very calm and think clearly in an emergency, but what if it's the calm person who is injured (or lost) and cannot help? Or what if it falls to somebody who is not familiar with the site to assist in executing the plan? Having a well-laid out process will help immensely.

Q: Does it matter which assessor gets my forms?

A: Many assessors have specialties, and each plays a specific role on the provincial Safe Guide team. Checking the appropriate box on the Activity Notification or Authorization (SG.3) form will help to ensure your activity is sent to the correct assessor the first time!

If you wish to have your activity assessed in a timely way, it is important to check the appropriate boxes at the top of page 1 on the SG.3 form. This is where you identify that your activity level is yellow or red, has a water component, uses third party support (TPSP) or is international. If a box is not checked, or if the incorrect box is checked, your assessment may be sent to the wrong type of assessor.

Q: Timing is everything! How do I make sure that I hear from an assessor as quickly as possible?

A: We know and recognize that Guiders are **very busy volunteers**. All the women on our assessor team are also **very busy volunteers**. Nobody wants to waste time.

When forms are submitted with a short timeline, there is a sense of panic right away—which does not set the scene for a great assessor-Guider relationship. Please submit your forms as per the requirements: a minimum of two weeks before the event for yellow and three weeks for red activities.

Did you know that you **DO NOT** have to wait for acknowledgement/approval of your paperwork in order to send out the Activity Plan (SG.1) and Parent/Guardian Permission for Non-Regular Unit Activities form (SG.2)? Send them out—in the meantime you can work with your assessor on the balance of your plans. Your assessor is working with you to help make your plans "good to go"—accept her help, build the best plan you can, and you can have a stress-free camp!

Remember to save your Emergency Response Plans, but not to use them verbatim for another camp. Rather, they can help save you valuable time. You do not have to re-invent the wheel every time you fill out Safe Guide forms—you can just piece together appropriate plans, tweaking for a new situation.

Do remember to make sure you delete portions that do not apply and to add processes to follow for new scenarios. For example; add in hypothermia for a winter camp, or burn prevention/plans when cooking over fires ... You get the idea. Make your plan activity specific!

The goal of the whole assessor team is to help you run stress-free, well-prepared, safe activities and camps. If you do a thorough job the first time ... each time after that will be easier!



Q: How do I submit documents for retention without a scanner and computer?

A: Don't panic. You do not have to scan and email your retention forms. If you do not have the technology, or if it's out of your comfort zone, you can use the old system with the manila envelopes and the label—just remember to include the tracking number on the outside of the envelope! There is a new envelope label on the BC website, www.bc-girlguides.org (select *Volunteers > Forms retention envelope label-0930*.)

Q: How do I send the forms in electronically?

A: Scan all forms and send them into the office as a package—in the subject line remember to put "Retention #" (insert the tracking number). Once you've been notified that your documents have been received by the office, you may shred/destroy your originals. Please note that it may take some time to receive confirmation.

Q: Say whaaat? I have to keep SG.4s for green activities?

A: Yes, you do need to keep and submit SG.4s even for your green level-activities. However, you likely do quite a few green-level activities. There is no need to send the SG.4s in individually; scan and send them in periodically (say, December and June) with the subject line "Green Retention #" (insert the unit iMIS number).

Q: What do I do with all my records/forms from before?

A: If you still have SG packages for retention that do not have tracking numbers (i.e., for activities prior to September 2017), submit them for retention as you would have in the past. The new retention process is for assessments completed after the implementation of the new assessment process. Tracking number = new process. No tracking number = old process.

Q: Who do I contact?

A: Safe Guide forms for *assessment* are sent to sgassessments@bc-girlguides.org.

Safe Guide forms for *retention* are sent to the same address, sgassessments@bc-girlguides.org, but with a specific subject line: Retention #_____ (insert the tracking number you were given). Please remember to wait until your email has been acknowledged BEFORE you destroy the hard copies.

Safe Guide questions or concerns can be sent to bcsg@bc-girlguides.org.



Girl Guides at the Canucks

Saturday, March 31, 2018

1:00 p.m. game against
the Columbus Blue Jackets

Opportunity for all BC
units, Guiders, Guiding
families and friends

Celebrate fun, friendship and teamwork!

Check your email for more
details and ticket links.

**SPECIAL PRICING
(UP TO 40% OFF!)**

\$45 upper bowl, \$67 lower bowl

Members in uniform: enter to
win Canuck merchandise

Custom crest to first 200 members in uniform

**NEW THIS YEAR:
sleepover options for
younger and older girls**



BC Girl Guides Are Moving Along

*Helen Varga,
Relocation Liaison*

Photos: Helen Varga



Our suites.

The new BC Girl Guides building is nearing completion—at least on the outside! The shell is complete, and as we wait for the final permits from the City of North Vancouver, we are excited to put the finishing touches on the interior designs. We have come a long way since the spring of 2017, when members of the Ops Committee, PC team and other frequent users of the current building met with Fusion Projects Ltd to bring forward needs and wants for a new space for BC Girl Guides. From these initial meetings,

a final design plan for the two-floor interior of 252 West Esplanade was formed, and the Fusion Projects teams were put to work seeking cabinetry, wall finishes, flooring, fixtures and the overall colour scheme.

Sandra, our key designer, is a great resource and has taken our ideas and run with them, incorporating Girl Guides throughout the building. Who knew there were so many little things to think about! The cabinetry and fixtures are sure to be useful, space conscious and durable—

able to withstand flexible use. A colour scheme that incorporates not only the Girl Guide blues but also an occasional pop of additional colour is sure to be a welcoming, yet branded, scheme throughout. The flooring is a mix of laminate and carpet, with wayfinding stripes to help users get where they need to be. The interior walls are a mix of solid and glass to allow for the most light into the space. All choices have been made keeping in mind the multipurpose use of the building by adults and youth, and all are easy to clean and great to look at.



The first floor, looking toward PC office.



New building on the block!

The design team is currently working with the city and the building strata to design appropriate coverage on the exterior windows; we are hoping to incorporate some Girl Guide history through the use of photos in a window splash to provide both privacy and branding.

Other exciting activities include perusing showrooms to choose office desk units and some casual furniture to equip our new space and visits to the site to check on progress. Everything is moving along as scheduled, and we still foresee an official move in March 2018. Stay tuned for updates and a sneak peek at the interior construction in the next issue.



Honourable **Changes**

Provincial Awards Committee

The Book of Honour provides special recognition to deserving BC Guiding members, and the binder preserving these awards deserves a place of honour. The first floor at Guide House wasn't able to provide that special place any longer. All visitors used to enter through the glass doors to visit the Guide store or reception before heading upstairs. On the wall a Plexiglas case was mounted to display one of the archival binders. Everyone passed by this display, but change is inevitable.

Today there is no Guide store or reception on the first floor. Everyone goes directly to the second, third or fourth floor. The provincial Awards Committee felt that a mobile display cabinet on the third floor would be a much better place of honour.

A Guider's husband, Bob Hickman, was asked if he could design and build an oak display cabinet for the Book of Honour. He very generously donated his time and skill. We worked on the design together, and earlier this year the cabinet was completed and is in place on the third floor below photos of BC Guiding members.

Please visit the third floor and admire the Book of Honour archival binder display. A staff member turns the pages and changes the binders on a regular basis. We hope you enjoy this change.



Photo: Ruth Seabloom

Become a Member of the BC Awards Committee

What could be more fun than promoting awards
and recognition for Guiding members!

The BC Awards Committee has two positions available. Our goal is to find new volunteers for these positions and allow time for the current volunteers to provide mentoring before the end of their terms. You will have an opportunity to work with enthusiastic and connected committee members.

The first position is **Secretary and Communication Coordinator**. She is responsible for taking minutes at meetings, managing all documents related to awards, bursaries, grants and scholarships and managing the website content. A working knowledge of Word, Excel and email is necessary.

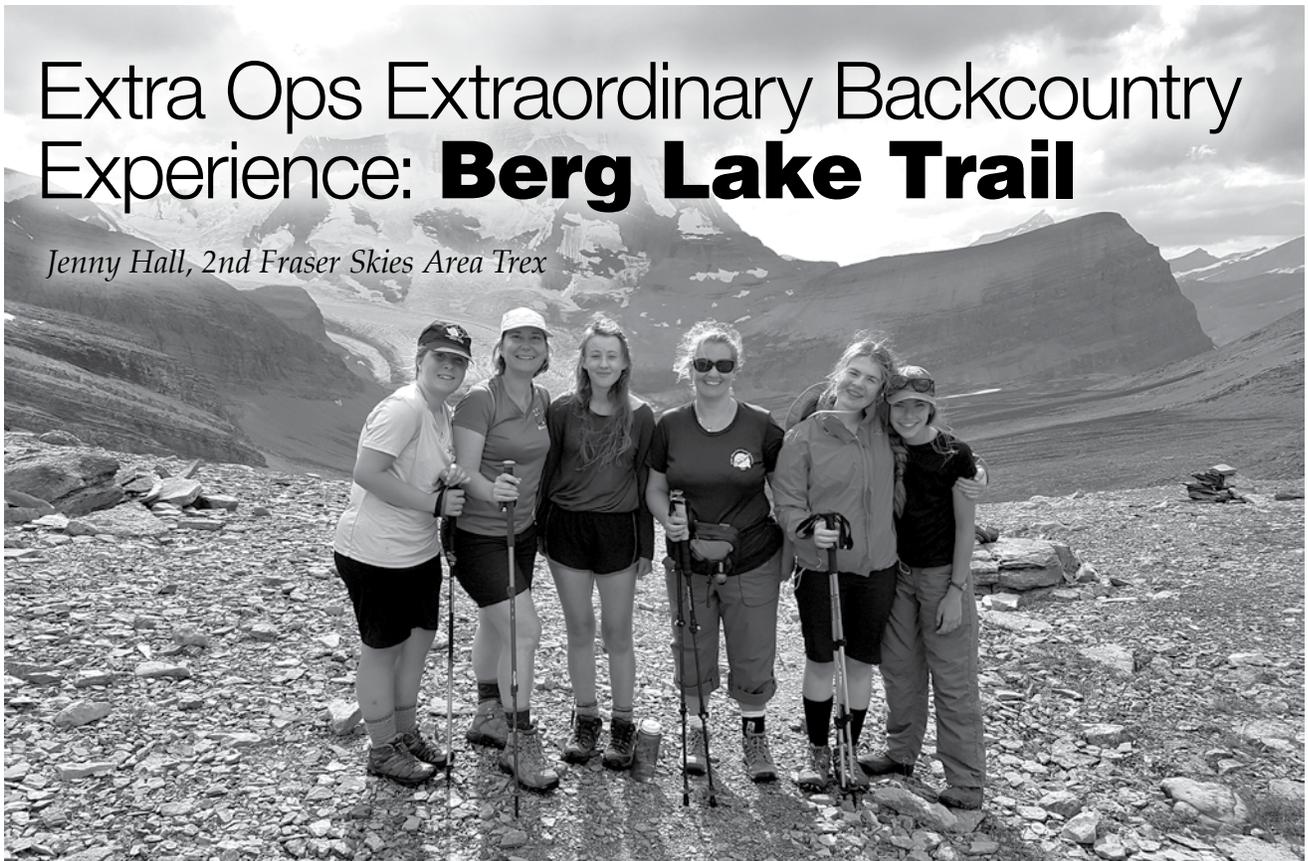
The second position is **Book of Honour Manager**. She is responsible for communicating with nominators of this award and managing all documents and processes related to the Book of Honour. Excellent writing skills and working knowledge of Word and email is necessary.

If you are interested in either of these two positions and would like to review the detailed job descriptions, please contact awards@bc-girlguides.org.



Extra Ops Extraordinary Backcountry Experience: **Berg Lake Trail**

Jenny Hall, 2nd Fraser Skies Area Trex

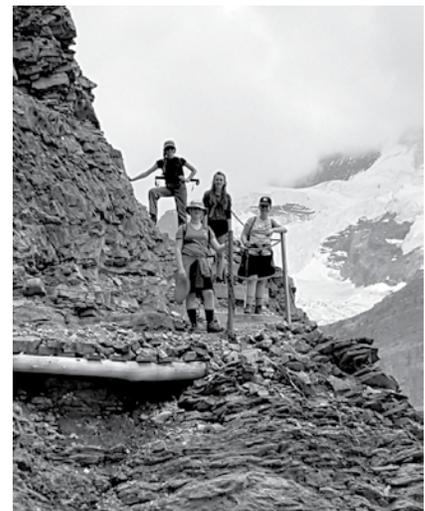


Photos: Jenny Hall

At the top of the world with Snowbird Pass Glacier in the background; left to right: Ann, Stephanie (Guider), Kaytlin, Jenny (Guider), Jessica, Nikki.

For one week in August 2017, four girls, ages 12 to 15, and two Guiders from the 2nd Fraser Skies Area Trex unit hiked the Berg Lake Trail, in Mount Robson Provincial Park, BC. What an experience for the girls as well as us Guiders! I am not sure

there are many other organizations that can give girls these kinds of amazing memories and experiences. Over the first three days, we hiked 23 km with a total elevation gain of 800 m to our last campsite. Along the way, we saw some of Canada's largest waterfalls, massive rivers and backcountry wilderness like we had never seen before. From our last campsite, we had great day trips! We hiked the Mumm Basin trail, which was another 16 km and 800 m in elevation gain, for amazing views of the valley, surrounding mountains and numerous lakes. We even crossed the BC–Alberta border! The next day, we hiked the famous Snowbird Pass trail. Whew! What a hike—22 km, well over 1200 m in elevation gain—but WOW! The most expansive glaciers I have ever seen, as far as the eye can see! It wasn't an easy hike though. We had to climb over boulders and hike narrow ledges—it felt like we were pioneering our way to new



True pioneers along the Snowbird Pass route.

land. In total, we hiked 120 km!

The Berg Lake trail offers a great backcountry experience, from large trees, alpine meadows and scree (rocky slopes) to lakes, rivers, waterfalls and



Exploring Whitehorn area.



glaciers big and small. The views from the top of Mumm Basin and Snowbird Pass are beautiful beyond any pictures possible—it felt like we were standing on the top of the mountains. The trails and campsites are well developed, with flat tent sites that are easy to peg into and two Ranger stations that offer an emergency radio and large first aid kit for a little extra safety. Hiking along glacier-fed rivers and lakes makes for ice-cold drinking water on hot days. We used a variety of water purification methods: ultraviolet (UV) light pen, chemical treatment drops and filtration. Each type worked well and had its strengths and weaknesses. UV light requires one minute of consistently stirring the

pen in the water; if the user slows down or stops briefly, the treatment fails and must be repeated. The UV pen also requires carrying extra batteries. The drops, a chemical additive, take 20 minutes to make the water safe to drink—the girls were pleasantly surprised they couldn't taste the chemical. My co-Guider liked the fact that there was no wait time when using a Lifestraw for filtering water from her water bottle. But it was hard to have accessible water for brushing teeth or making pudding. Food weight and size was one of our biggest challenges for this hike. Starting with almost 40 litres of food, along with tents, stoves, gas and pot sets, we needed to find both space and weight capacity between all six hikers (the packs were 18 kg or 40 lbs each!).

The girls were all amazing. As our other Guider observed, the trip was a success because everyone was well prepared. The group was physically ready from previous Trex hikes, camps and personal fitness regimes. We were also mentally

ready, having researched the Berg Lake trail and knowing distance, elevation gain and weather forecast for each day. We had learned to cooperate, to work as a team and to take into account the safety of our whole group in our choices.



Dinner's ready!

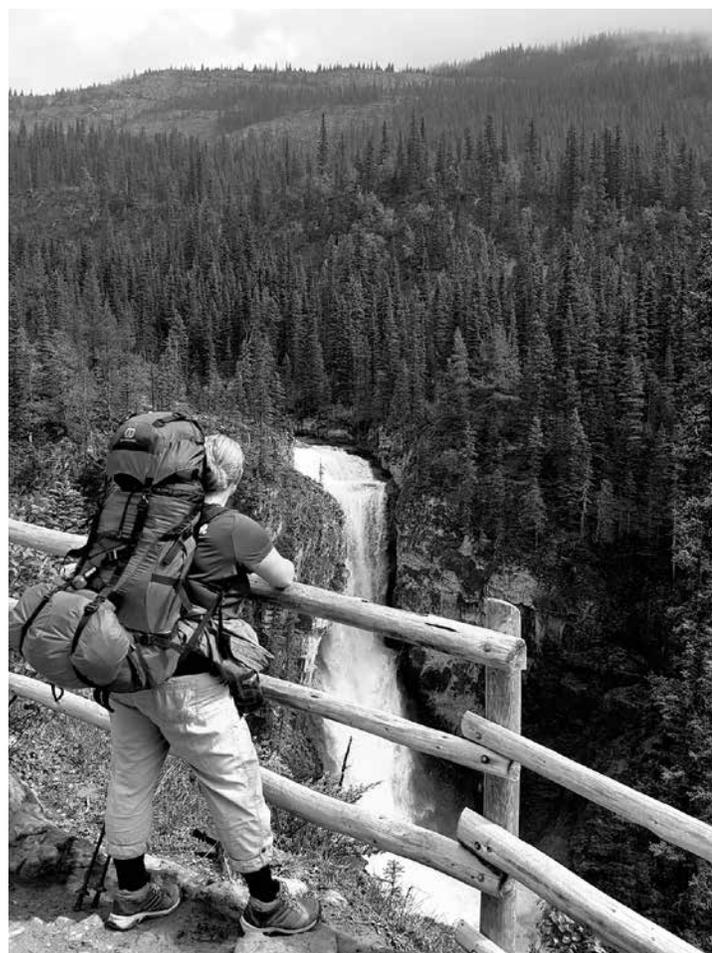
Girl Guides of Canada pushes the boundaries for girls who wish to go that extra mile and push themselves to be the best they can be. These girls had to dig deep and give it all they could to reach their fullest potential. They did not do it to prove something to someone or because they felt their parents wanted them to—they did this because they love the outdoors and want to experience as much of nature and the backcountry as they can. Hopefully these girls' stories will inspire more youth to join Trex!

Here are some other comments about the trip:

Guider Stephanie: We got to eat like royalty. Guider Jenny is a master chef at dehydrating our dinners and breakfast. Our favourite was a rice curry dish.

The dehydrated dinners and breakfasts were much lighter and smaller than our snacks and lunch. The hike home was lighter with all the food consumed. I have wonderful memories of Berg Lake: breathtaking scenery, challenging hikes, good food and the true spirit of Guiding in my hiking companions.

Kaytlin, a youth member: Throughout this hike I was bewildered by endless shades of green and blue. Over time I thought it simply could not get better, but nature was able to prove me wrong. Emperor Falls (at 45.7 m or 150 ft) took my breath away, as it is the largest known waterfall along the Robson River. Thanks, Girl Guides!



View of Emperor Falls.

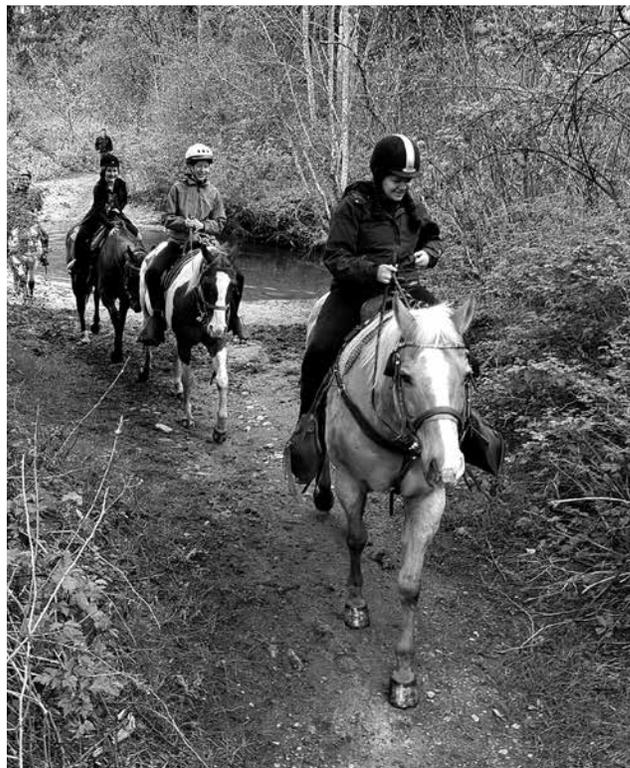


Extraordinary Options: All About Trex and How You Can be Part of It

Jenny Hall, Fraser Skies Area, with BC Camping Committee

Trex is an option for Pathfinder-aged and older youth members that offers exciting and bold outdoor adventures and challenges. Trex isn't for every girl, but it is for any girl who wants to test herself physically, mentally and emotionally. She wants to face physical challenges energetically and fearlessly, as she tests her limits and pushes herself to overcome obstacles and achieve new goals. Trex outings include backcountry camping, backpacking, cycling, canoeing, kayaking, whitewater rafting, cross-country skiing, backcountry downhill skiing, snowshoeing and winter camping. Trex can be done on its own or in addition to regular Pathfinder or Ranger meetings, and thankfully the membership fees have to be paid only once in the year. There are costs associated with the trips the girls decide to take, which can often be offered at a much lower cost because of the experience of the Guiders. The meetings required for Trex are focused on planning and preparing for the selected activities. Through Trex, girls acquire self-esteem, self-reliance and independence, while engaging in interesting and stimulating outdoor activities. The Trex Guiders, as well as third-party providers as needed, teach all skills for girl members to reach their fullest potential.

How do you start a Trex unit in your area? Find your passion for the outdoors! If you crave being in the backcountry and you want to share your expertise in the wilderness with youth, then leading a Trex unit might be for you! Download the Backpack, a manual for Trex Guiders, from Member Zone at www.girlguides.ca (select *Guider Resources > Programs > Resources for Extraordinary Options Units > Backpack Resource Manual for Trex*). Then meet



Photos: Jenny Hall

with a member of the BC Camping Committee for an orientation to understand the basics of running a Trex unit. Spend some time going through Safe Guide, familiarizing yourself with the procedures around adventure activities on land and sea and understanding the qualifications and training needed to lead these activities.

Regardless of whether you're newer to adventure camping or a seasoned backcountry enthusiast, you can further refine your skills through external trainings such as wilderness first aid or paddling courses or by completing the GGC Outdoor Activity Leadership Adventure Camping training (see p. 16 in this issue for an explanation of the modules).

Reach out to your area to find resources, including people who might already have experience in adventure camping and equipment that you can access for your trips. Contact other Trex units for information about what they're doing (for example, check out the experiences of the 1st Emily Carr Trex unit, in Victoria, in the Winter 2016 edition of *Canadian Guider*). Most importantly,





reach out to your districts and area to find the girls who want to join you in exploring the fabulous world of outdoor adventure. Now you are ready to start a Trex unit!!

We had many adventures in the first year of the Fraser Skies Area Trex unit. The girls learned so much about how to survive in the backcountry: how to use a map and navigate their way along trail systems; how to use our backcountry camping equipment like the tiny camp stoves and the SPOT device; how to set up emergency shelters; how to boil our drinking water and so much more. We went hiking, backpacking, snowshoeing, cross-country skiing, horseback riding and kayaking. The girls even achieved their Intermediate level Tandem Canoe certificate while paddling through pristine backcountry wilderness. The highlight and final journey of our Trex unit was a six-night, seven-day backcountry hike through Berg Lake.

I love everything about Girl Guides of Canada—I am passionate about what it stands for and what it teaches our youth. But I am so excited to be part of a Trex unit—the rush I get when I explore a new area and then share it with youth who are just

as passionate about the outdoors as I am—it doesn't get better than that!

Our Trex unit started with 16 girls from different districts in Fraser Skies Area. Now, through word of mouth, we are over capacity with more than 30 girls registered this year! How cool would it be to have more Trex units in our areas?



For 2018! Specialized Outdoor Training Subsidy

We've heard that one of the limitations to units providing all the fabulous, extraordinary water or adventure camping activities that the girls can dream up is the cost of the various trainings required by Safe Guide to safely lead these activities. Therefore, for 2018 the BC Camping Committee is expanding the Wilderness First Aid subsidy to include any extra training needed to safely take girls out on activities. For example, this can include Wilderness First Aid training or recertification; canoe or kayak certification; waterfront; avalanche training or other external training provided by a certified training agency.

Guiders will qualify for 50% of the cost of the training up to \$100 once per year on a first-come, first-served basis until the budget has been distributed. Pre-approval by the BC Camping Committee should be obtained before Guiders undertake the training to ensure that the training qualifies for the subsidy. For more information, contact camp@bc-girlguides.org.



Cathedral Park Backpacking **OAL Adventure Expedition**

Photos: Erin DeBruin



When: Summer 2018

Who: Eight Guiders who have started their OAL Adventure Camping training

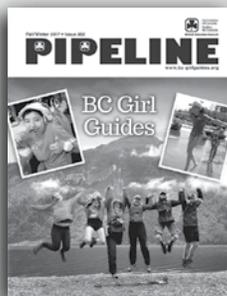
What: On this Module 8 expedition, Guiders will be able to gain three nights of backpacking experience in a fun and supportive environment while working toward the completion of the Outdoor Activities Leadership Adventure Camping training. We'll explore magnificent terrain and flora in the transition zone between the rainforest and Okanagan desert, including spectacular mountain formations such as Smoky the Bear and pristine glacial lakes, and we might even see some of the resident bighorn sheep.

Cost: \$150 per Guider. This includes event costs and all transportation to and from home.

Prerequisites:

- Completed at least three other OAL Adventure Modules
- Able to adapt and work cooperatively and to cope with daily camp activities.
- Willing to participate in all pre-trip preparation
- Capable of hiking at least 10 km carrying an 18 kg/40 lb pack

For more information, please contact adventure.trex@bc-girlguides.org.



Pipeline is available **online!**

A limited number of past issues of *Pipeline* are now available at www.bc-girlguides.org; select *Volunteers > Guider Resources > Publications > Pipeline*. Note: Issues are available as PDF files and are about 10 MB in size.



Prevost Island Kayaking OAL Adventure Expedition

When: August 3–6, 2018

Who: 10 Guiders who have started their OAL Adventure Camping training

What: On this Module 8 expedition, a three-night experience, Guiders will practise their kayak-tripping skills in a fun and supportive environment while working toward the completion of the Outdoor Activities Leadership Adventure Camping training. Guiders will explore the waters of the southern Gulf Islands National Park Reserve by kayak, launching from Salt Spring Island.

Cost: \$200 per Guider. This includes event costs and all transportation to and from home.

Prerequisites:

- Completion of Kayak Level 1 Training or Paddle Canada Basic Skills Kayak Course
- Can confidently perform a wet exit
- Current swim/boat test in iMIS prior to the event
- Completed at least three other OAL Adventure Modules

For more information, please contact adventure.trex@bc-girlguides.org.



Beach at Prevost Island. Photo: Erin DeBruin



Rangers paddling to campsite. Photo: Adele Cooshek

Public Relations Workshop at Camp Olave!

February 2–4, 2018

BC Public Relations Committee

Are you a Public Relations Guider in your district or area? Do you administrate a Guiding-related website or social media account? Do you hold a PR-related role in Guiding in your community? Do you have a passion for PR, or are you interested in learning more about Guiding PR for the future? Then this workshop is for you!

This interactive and informative networking opportunity will send you home motivated and equipped with resources and ideas for your very important Guiding PR role! Have fun with others who share your passion and help us to create a Guiding PR network in BC!

Please watch your email for the PR Workshop Expression of Interest form and return it to your area commissioner by **December 8, 2017**.

For more information, please contact the BC PR Committee at publicrelations@bc-girlguides.org.



OAL Camping Modules: **Are They for You?**

Erin DeBruin, BC Camping Committee

The Outdoor Activity Leadership Adventure Camping (OAL Adventure) training is part of the TEAM Enrichment stream and is designed to build Guiders' knowledge, skills and capacity for adventure camping, which ultimately enables Guiders to meet the Safe Guide requirements.

Modules 1–7 give you the opportunity to build soft skills by exploring the theory of adventure camping. These modules cover trip design, risk management, navigation, leadership, gear, food and campsite management in a camp “classroom,” usually over an entire weekend, but the modules may be offered on weeknights over the course of a month. In 2018 there are a number of areas offering this opportunity, so please speak with your area training or camping adviser to learn more about the trainings near you.

The eighth module, an expedition, is an exciting three or four days in the backcountry navigating mountain passes or paddling along river canals. This module gets you outside and puts your knowledge to the test under the guidance of a certified OAL trip expedition leader. Expeditions,

under the guidance of the expedition leader, should be organized and led by the participants, and each participant should take on planning roles to complete their participant skills checklist. The BC Camping Committee has organized two expeditions for 2018 (see pp. 14–15 for more details). Or, if you're one of the many Guiders in BC who have completed Modules 1–7, create your own opportunity! Find a group of six to ten others in your area who are looking to do the same style of trip (e.g., backpacking or canoeing), then reach out to an expedition leader or the BC Camping Committee, who can put you in touch with one. Don't forget to talk to your district/area about potential funding for these official Guiding trainings and about other resources such as equipment or specific skills training experience (e.g., canoe instructors).

The next step is to complete at least two expeditions, with a total of five nights, and where one of the trips is a moving camp. Finally, to complete the OAL Adventure training, complete the Participant Skills Checklist (included in the OAL Adventure Camping Participant



Photos: Laura Allgrove

Package TR.11). It is somewhat of a self-assessment of the skills developed between the classroom and expedition training, and it also requires completing Safe Guide paperwork for an adventure tripping outing of five nights. This can be a theoretical trip that you're hoping to take girls on in the future, or can be something you've done personally but not with Guiding. Submit your trip log and completed TR.11 to one of the expedition leaders with whom you completed your training. When she has signed off on your paperwork, send the completed form to adventure.trex@bc-girlguides.org to have the training entered into iMIS.

For more information, or to contact an expedition leader, email adventure.trex@bc-girlguides.org.





Keeping Our **History Alive**

Guiding history can be brought to life for youth members when they see photographs, Guiding uniforms, memorabilia and artifacts. For long-time Guiding members, such items can bring back wonderful memories. The BC Archives/Museum Committee preserves the history of Guiding by cataloguing and storing donated artifacts, original records, papers, news clippings, photographs, audio tapes and film related to Guiding activities and events. Some items date to before the 1940s. Recently, a silver powder compact with the GGC logo was donated to the museum. It belonged to the donor's mother, Betty Lillian Barrett, who founded the first Canadian Brownie pack in England when their family was stationed at a Royal Canadian Air Force base there from 1955 to 1958. The donor and her younger sister were Brownies in the pack, and the donor's older sister was a Guide there.



Photo: Seanna Fekete

Other unusual donated items include an intricately carved foot warmer (pictured on p. 7 of the Spring/Summer issue of *Pipeline*), which had been given to a trainer who helped to establish Girl Scouts in Japan after the Second World War, an Alfred Sung-designed robe and a cloth booklet made from Alfred Sung uniform pieces, made by

a trainer for attaching her pins, crests, badges and traders. Then there was a 100-year-old Penticton newspaper being used as insulation, until it was discovered that it featured a huge article on Guiding. Did you know that newspaper can self-combust? The BC Archives Committee has taken steps to avoid this from happening and to preserve the newspaper.

The committee is interested in uniform pieces and now has enough Alfred Sung-designed items. What the committee members would love to have is a felt snap brim hat specifically worn by youth members from the late 1930s to early 1940s.

The museum collection also includes camp blankets! The one pictured here was designed by a Guide living in Ottawa who eventually attended UBC, graduating as a physician. On the back of her camp blanket are her Faculty of Medicine crests and the interest badges she earned as a Guide. On the front of the blanket are crests she received while BC's provincial commissioner in the 1970s. Around the neckline is her Gold Cord, to use as a tie.

Have you visited the museum at BC Guide House? The display of artifacts in the front hall entrance is changed frequently. The upcoming exhibition will be camp blankets! There is another display on the third floor of Guide House. And each Thinking Day, additional Guiding memorabilia and artifacts are on view for the event. But you don't have to wait until next February to visit. You can request to visit the museum on a Friday by contacting the Archives/Museum Committee ahead of time. The committee can also support Guiding members with their historical questions.



Photos: Jean Reeve

Volunteers with years of Guiding experience are very welcome to join the committee. The members meet weekly, and help is needed with the detailed work of cataloguing and archiving. Please contact Jean Reeve, chair of the provincial Archives/Museum Committee at pearcek@bc-girlguides.org.



The Parking Lot

BC Training Committee

Connections ...

The provincial Training Committee is the connection between BC Council and area training.

How does it work?

Every area around our province has a team of experienced Guiders who are training enthusiasts.

The team leader of these training enthusiasts is called the area training adviser (ATA). Her team consists of trainers and trainer candidates. Each training team is committed to bringing training opportunities to Guiders so that they can foster great girl activities and experiences.

The ATA connects area council to area training.

Guiders thrive when they are able to connect with other Guiders.

Guiders make connections at district meetings, district/area/provincial events and at trainings.

Thriving Guiders make happy and successful Guiders.

Every year *and in every area*, training teams ponder the same questions...

How can we get more Guiders out to training?

How can we make *every* training relevant, a valuable use of a busy Guider's precious time *and FUN*?

How can we make training more accessible to *ALL* Guiders?

We know that solutions *always* outnumber problems!

Help us as we ponder these questions, yet again.

We would LOVE to hear from you! Contact us at training@bc-girlguides.org.

Consider this ...

Are you a training enthusiast?

Do you like connecting with other Guiders?

Can you bring fresh perspectives to a new challenge?

Do you get tingles when you think about sharing some of the WOW! Guiding moments that you have experienced?

Surprise!

If you answered YES to the above questions, you may be a perfect pairing to ANY Guiding role in training. The possibilities are many and include area training adviser, trainer, trainer candidate OR member of the provincial Training Committee.

If the timing is right ... why not YOU?

CWFF Pizza Challenge 2018

The Canadian World Friendship Fund Pizza Challenge returns once again for 2018—with four pizza slice crests to choose from! Will your unit complete its pizza this year?

The BC International Committee challenges each unit to collect the most money per unit member (including Guiders) for the Canadian World Friendship Fund. All you have to do is collect the money, fill in the entry form, return it to the provincial International Committee and forward the money to your district treasurer.

There will be a prize for one unit in each branch of Guiding. The unit in each branch that collects the most money per unit member (including Guiders) will win up to \$100 to be used for a pizza party for the

unit. That means a Spark unit, a Brownie unit, a Guide unit, a Pathfinder unit and a Ranger unit can each win up to \$100 for a pizza party.

An additional prize of up to \$100 for a pizza party will be awarded to the BC unit that uses the most original fundraising activity in this challenge. What will your unit come up with? The sky's the limit!

Information about the challenge is available on the BC Girl Guide website, www.bc-girlguides.org (select *Program* > *International* > *International Resources*).

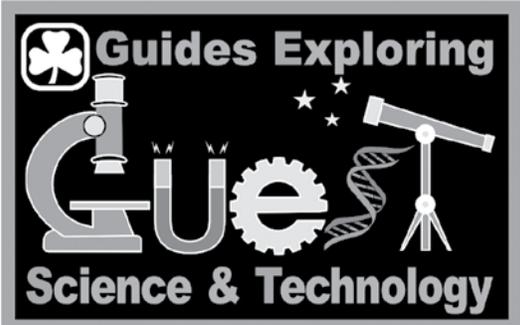
Entries must be received by the BC International Committee by March 31, 2018.

Winners will be notified by the end of April 2018 so that the winning units can have



their pizza parties before the end of the Guiding year.

Every unit that participates in this challenge can also order the CWFF Pizza Challenge crest, available from the BC Girl Guide website; select *Program* > *Challenges & Activities* > *Provincial Challenges*.



GUEST 2018

in Prince George in the Lower Mainland

That's right! You're seeing double! Guides Exploring Science and Technology (GUEST), a STEM event just for Guides, will be coming to Prince George and to Abbotsford in June 2018. Keep your eyes on your emails for more information about dates, forms and more, coming soon!





Mighty Minds National Challenge

Photos: Lisa Wechselberger



The Mighty Minds Challenge was launched on September 16, 2017, at BC Guide House, in Vancouver, to promote the new national GGC Mighty Minds Challenge. The event was for girls and Guiders from across BC. It was a great success, with 79 girls and 27 Guiders attending.

The BC Youth Forum planned and ran the event. Two BC trainers were on hand to answer questions from Guiders about how to run the Mighty Minds Challenge with their units.

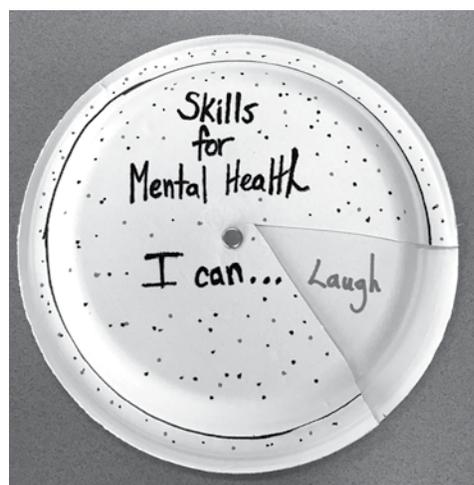
During the event, girls and Guiders had the opportunity to go to five different stations:

Sole Girls: Physical activity empowers girls from ages 6 to 12 with tools to develop healthy ideas about body image, media, healthy living, peers and self-esteem. Girls learned about physical activity in fun-filled outdoor games. Check out the program at www.solegirls.org.

Mighty Minds craft: I can ... blow bubbles, go for a walk, take deep

breaths, call a friend. Girls learned about ways to stay mentally healthy, and they created a craft to use at home, to remind them of positive self-care.

Sparkle Project: Sparkle Project BC is a movement that seeks to inspire and equip young girls to lead healthy, self-confident and successful lives. Kristal Barrett-Stuart, the project's founder, ran an activity at the event, creating positive vision boards that the girls took home. Check out the program at www.thesparkleprojectbc.com/about/.





Positivity Activity and Mandalas: Girls and adult members spread positivity by writing/drawing a positive message on a fabric banner, which will be kept for BC Girl Guides to share with other members. Mighty Minds mandalas were available for the girls/Guiders to colour as a relaxation activity.

Yoga: One of our Youth Forum members ran yoga sessions. We were able to borrow yoga mats from a high school in Abbotsford.

Check out the Mighty Minds Challenge at www.girlguides.ca. Youth who are 13 years of age and older can follow the challenge and post on the BC Girl

Guides Youth Members Facebook page and follow or tag @bcyouthforum on Instagram.

To learn about running an event in your district or area, please contact Lisa Wechselberger, Youth Forum Chair, at youthforum@bc-girlguides.org.

BC Youth Forum: In Their Own Words

Hi, I'm Sophie, and I've been through all the levels of Guiding. I am 17 years old, and I live in West Vancouver. I have been a member of Girl Guides of Canada for around 10 years, and I was a Girl Guide in Ireland before that. I love being outdoors and going camping where I can do various activities such as making s'mores or going kayaking. I wanted to be part of the BC Youth Forum because I wanted to get more involved in Guiding and improve the overall experiences of other girls in Guiding.

My name is Anastasia. I am a third-year Ranger in Vancouver. I have been part of Girl Guides for 11 years. I enjoy adventure camping with friends and trying new activities with my unit. I love being part of BC Youth Forum because I get to work with new friends I wouldn't otherwise meet. I also enjoy planning and running events open to all BC Girl Guides.

Hi, my name is Sam, and I'm 17 years old. I live in Abbotsford, and I've been in Guiding for eight years! I most enjoy helping with my Brownie unit and going on outings! I wanted to be a part of the Youth Forum to be a part



Left to right: Sophie, Anastasia and Sam
Photo: Lisa Wechselberger

of something bigger than just at the district level! I love being able to be a part of the girl voice for the province!



Another Successful **SOAR!**

Laurie Hooker, SOAR 2017 Public Relations Director

Photos: Pat Mahon

SOAR 2017, in Smithers, was an amazing week of fun, friendship and lots of adventures. The location was stunning! Just off the edge of town at the exhibition grounds, surrounded by the mountains, with the river flowing by—I am not the only one who recalls getting up each day to greet the beauty that is the Bulkey Valley.

In true northern spirit, Smithereens welcomed SOAR with all they had! The locals were shocked and amazed at the 737 planes that came in and out, dropping off hundreds of campers each time! A SOAR street banner was draped across

Main Street, store windows displayed Girl Guide memorabilia, and welcome message signs appeared from one end of town to the other. The welcome stickers made by the Smithers Chamber of Commerce kept the local merchants very busy. Baked goods and ice cream often ran short! Mayor Taylor Bachrach bestowed the title of honourable Smithereens on all 2,336 attendees!

Camp life was busy; program choices were vast and varied, with the intention to expose girls to activities they might not otherwise take part in and allow them to be all they want to be in life as they become young women and future Guiders. Tyhee Lake was the setting for waterfront activities. Service projects were many and varied: hygiene and tenant starter kits were assembled for distribution both locally and throughout the province; painting projects brightened up various sites on the exhibition fairgrounds; and Smithers got spruced up too with fish drain painting, fire hydrant makeovers and weeding and planting of community gardens. Out-trips brought girls and Guiders to the towns of Houston and Moricetown and to the Ksan Historical Village and Museum. These cultural



Main Street, Smithers.



Highway 16 West.



Ranger river out-trip.



Happy pigs.



Shopping for groceries.



SOAR campers had the cleanest porta potties ever!



Felicity Fox, taking it easy.

opportunities, along with recreational opportunities like the mountain biking and hiking offered in this diverse area of northwestern BC, allowed campers to experience a lifetime of memories in one week.

SOAR introduced a new food distribution system that was well received; patrols “shopped” each day at the quartermaster store rather than having bins of food delivered to them. This system worked well and achieved the goal of less wasted food at camp. One of the other highlights of reducing waste was several deliveries of the site’s organics each day to a local pig farmer.

The Special Events Committee provided main stage entertainment and an opening ceremony that included a parade of campers and a message from Justin Trudeau encouraging the campers to have fun and make memories. International and interprovincial night entertainment varied from traditional song and dance to fun comedy. The community came and played music for us—the fiddling was so impressive and the girls were very receptive to the local “boy band” singers. A dance party, campfire and a movie night all led up to Fox Fest and the closing ceremony. Fox Fest, on Friday,



Jen, a.k.a. “Giant Ginger,” everyone’s favourite RCMP officer at SOAR.



International Night costumes!



Closing ceremony fun.



International Night costumes!



continued from page 23

saw the local community come out once again. The 4-H club brought animals, service clubs cooked our dinner, and many merchants came out. The ice cream truck had a winding line the whole time it was open! The day was capped off with the closing ceremony, when the always anticipated photo montage of the week was played, and we were entertained by Juno award-winning Alex Cuba, a local in Smithers, who made time to come and perform at SOAR.



Global visitors.



Opening ceremony parade.



Opening ceremony parade.



Opening ceremony parade.



Opening ceremony parade.



Petting zoo with Smithers 4-H club.

We can't say thank you enough to the core staff and steering committee. Their dedication and the time they put in was selfless and appreciated. Looking forward to 2020, BC Council has already moved a motion to support the next SOAR. Where will it be? That's up to you! Areas will be asked to consider hosting

SOAR 2020—you have about one year to get your proposal ready! Start ordering your extra cookies now—the finances they generate allow BC Council to support this awesome event every three years.

Be sure to check out all the photos on Smugmug and see the photo montage! Go to www.girlguides.ca; click on the SmugMug icon at the top of the home page; select **SOAR Events**.



Trefoil Intergenerational Challenge Needs **Your Ideas**



Are you and your daughter, granddaughter, great-granddaughter, mother, grandmother or great-grandmother involved in Guiding? Are one or more of you a Trefoil Guild member? Would you like to plan a Guiding event that all of you can participate in? We need **YOUR** input and ideas for creating the new Trefoil Intergenerational Challenge!

It is our hope that this challenge will bring girl and adult members together from all our branches and adult options, in order to make some noise and be more visible around BC. Send in your ideas for activities that should be included in the challenge. For example, a Trefoil Guild or individual Trefoil Guild member could host an outdoor tea party, a spa-themed camp, a laser tag party or a float in a community parade, and invite multiple generations of family. What would you like to do with your Guiding daughter or granddaughter? What would your daughter or granddaughter like to do with you?

Please email your suggestions to trefoilguild@bc-girlguides.org by December 20, 2017.

Identify Your Membership Number

Five membership numbers are randomly drawn from the iMIS database for each issue of Pipeline. If your number is listed below, you are eligible to receive a gift from the provincial PR Committee. To receive your gift, send an email, identifying your number, to pipeline@bc-girlguides.org by January 15, 2018.

44136 | **212382** | **996637** | **38951** | **189468**



AROUND BC



Photo: Shannon Turner

The **15th Richmond Guides, West Coast Area**, had a busy start to the Guiding year, participating in the Vancouver Aquarium and World Wildlife Fund's Great Canadian Shoreline Cleanup. They picked up 80 pounds of litter!

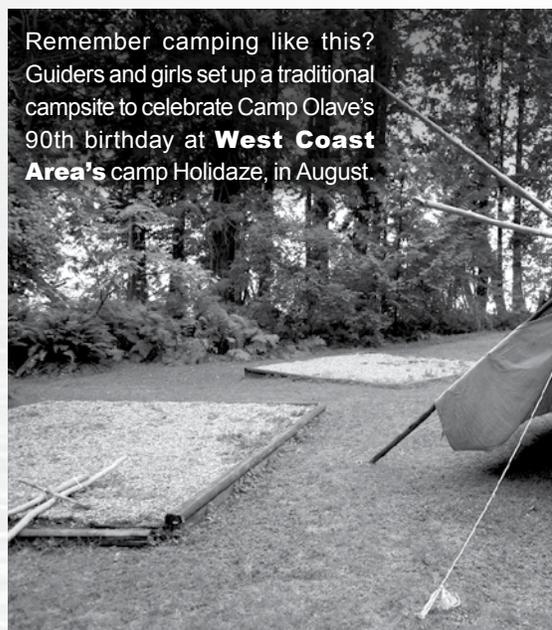


Photo: Jacquie Roy



The **5th Telegraph Trail Sparks, Fraser Skies Area**, welcomed a special visitor from the province of Victoria, in Australia—a Brownie Guide. She's wearing her collared shirt uniform. Her unit, the Lakkari Guides, will be pen pals with the Sparks in the 2017-18 Guiding year!

Photos: Cindy Pugh



Remember camping like this? Guiders and girls set up a traditional campsite to celebrate Camp Olave's 90th birthday at **West Coast Area's** camp Holddaze, in August.

Photo: Hilary Feldman



The **43rd Vancouver Guides, West Coast Area**, explored forest ecology at Greenheart Treewalk, an aerial trail system through the trees at UBC Botanical Garden, in Vancouver.

Photo: Hilary Feldman

The **Ottergrove Rangers, Fraser Skies Area**, started out their Guiding year by learning all about car care. They learned to check the fluids and the tires, change a tire and jump-start a car. The girls had a great time and can now help out the leaders when we have car trouble! Thanks to the AMAZING staff at Super Steve's Tire and Mechanical, in Aldergrove, for donating their knowledge and an hour of their shop time to help the girls complete Ms. Fix-it.



Photos: Lesley Young



Photo: Lisa Cutura

Working hard to remove periwinkle from Minnehada Regional Park.



Photos: Linda Knight

We helped a team to fill these bags. Super satisfying!

The **3rd Chimo Guides, Lougheed Area**, volunteered to pull invasive plants at Minnehada Regional Park for an event—Super Satisfying Invasive Maintenance—organized by the Metro Vancouver Regional Parks Ecological Restoration Team.



Photos: Linda Knight

Pulling periwinkle.



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Tel: (604) 714-6636 • Fax: (604) 714-6645



SOAR 2017



Photo credit: Pat Mahon.